Programmanr. 3 — Heren, 400m wisselslag — Senioren Open
8-11-2026 - 13:05 — Resultaten

voorlopige resultaten

rang	naam	vereniging	intijd		tijd	RT
1.	Nick Bongers	SBC2000	4:58.80	199800843	**4:58.89**	
	50m: 31.23	31.23 150m:		250m:	350m:	
	100m: 1:08.60	37.37 200m:		300m:	400m: 4:58.89	
2.	Floris Melchers	SBC2000	5:34.45	200703285	**5:18.00**	
	50m: 32.00	32.00 150m:		250m:	350m:	
	100m: 1:09.49	37.49 200m:		300m:	400m: 5:18.00	
3.	Robin Hermans	TRB-RES	5:20.56	199400987	**5:33.13**	
	50m: 32.54	32.54 150m:		250m:	350m:	
	100m: 1:10.98	38.44 200m:		300m:	400m: 5:33.13	
4.	Simeon van de Rhee	SBC2000	5:27.73	200600503	**5:36.23**	
	50m: 33.48	33.48 150m:		250m:	350m:	
	100m: 1:16.53	43.05 200m:		300m:	400m: 5:36.23	
5.	Thomas Zondag	MNC Dordrecht	6:13.32	200800063	**6:09.49**	
	50m: 39.18	39.18 150m:		250m:	350m:	
	100m: 1:27.34	48.16 200m:		300m:	400m: 6:09.49	
6.	Koen Blokland	MNC Dordrecht	NT	199804791	**6:34.66**	
	50m: 40.04	40.04 150m:		250m:	350m:	
	100m: 1:27.76	47.72 200m:		300m:	400m: 6:34.66	
7.	Ferdi Smits	ZV Vlaardingen-Schiedam	7:40.39	198002315	**7:43.31**	
	50m: 50.49	50.49 150m:		250m:	350m:	
	100m: 1:50.09	59.60 200m:		300m:	400m: 7:43.31	
AFGEM	Teye Chan	TRB-RES	6:36.32	200501941		