

Competitie deel 1
Breda, 6-10-2024

Programmanr. 11
6-10-2024 - 13:55

Heren, 400m vrije slag
Vervangende tijd: -A: 5:47.00 - B: 6:19.00

Senioren Open
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Sem Lazaroms	TRB-RES	4:20.83	200404843	4:22.79
	50m: 29.67	29.67	150m:	250m:	350m:
	100m: 1:02.13	32.46	200m: 2:08.67	300m:	400m: 4:22.79
2.	Nick Bongers	SBC2000	4:38.58	199800843	4:34.91
	50m: 29.79	29.79	150m:	250m:	350m:
	100m: 1:03.33	33.54	200m: 2:12.93	300m:	400m: 4:34.91
3.	Simeon van de Rhee	SBC2000	5:01.46	200600503	4:48.39
	50m: 31.46	31.46	150m:	250m:	350m:
	100m: 1:07.13	35.67	200m: 2:20.23	300m:	400m: 4:48.39
4.	Robin Hermans	TRB-RES	NT	199400987	5:07.01
	50m: 34.71	34.71	150m:	250m:	350m:
	100m: 1:12.99	38.28	200m: 2:30.94	300m:	400m: 5:07.01
5.	Koen Blokland	MNC Dordrecht	NT	199804791	5:45.44
	50m: 34.48	34.48	150m:	250m:	350m:
	100m: 1:13.32	38.84	200m: 2:38.83	300m:	400m: 5:45.44
6.	Denis Blisceac	MNC Dordrecht	6:11.56	200504155	6:09.98
	50m: 36.29	36.29	150m:	250m:	350m:
	100m: 1:17.92	41.63	200m: 2:51.24	300m:	400m: 6:09.98