

Limietwedstrijd Lange Baan
Breda, 4-5-2025

Programmanr. 1
4-5-2025 - 13:00

Dames, 400m vrije slag

Senioren Open
Resultaten

rang naam	vereniging	intijd	tijd	RT	100m	200m	300m	400m
1. H. Forschelen	MNC Dordrecht	5:01.79 200903572	4:57.86		1:11.19	1:16.63		
50m:		150m:	250m:		350m:			
100m: 1:11.19		200m: 2:27.82	300m:		400m: 4:57.86			
2. Saar de Graaf	ZV Vlaardingen-Schied	5:21.85 201101264	5:15.38		1:13.78	1:21.69		
50m:		150m:	250m:		350m:			
100m: 1:13.78		200m: 2:35.47	300m:		400m: 5:15.38			
3. Louise Verschuieren	De Wildert	5:31.00 200904526	5:23.83		1:14.06	1:24.42		
50m:		150m:	250m:		350m:			
100m: 1:14.06		200m: 2:38.48	300m:		400m: 5:23.83			
4. Lotte van den Hoven	De Marlijn (SG)	5:51.13 200900158	5:23.92		1:15.78	1:23.32		
50m:		150m:	250m:		350m:			
100m: 1:15.78		200m: 2:39.10	300m:		400m: 5:23.92			
5. Dagmar Wierckx	SBC2000	NT 201101278	5:27.79		1:17.08	1:24.21		
50m:		150m:	250m:		350m:			
100m: 1:17.08		200m: 2:41.29	300m:		400m: 5:27.79			
6. Jennifer Koonen	Zwemsport Parkstad	5:17.12 200500386	5:32.62		1:15.00	1:24.64		
50m:		150m:	250m:		350m:			
100m: 1:15.00		200m: 2:39.64	300m:		400m: 5:32.62			
7. Lieze Bersch	SBC2000	5:45.00 200800536	5:32.63		1:16.51	1:24.83		
50m:		150m:	250m:		350m:			
100m: 1:16.51		200m: 2:41.34	300m:		400m: 5:32.63			
8. L. van den Eijnden	SG Patrick - De Roerso	5:56.49 201001596	5:54.01		1:22.11	1:30.85		
50m:		150m:	250m:		350m:			
100m: 1:22.11		200m: 2:52.96	300m:		400m: 5:54.01			
9. Eline Nouwens	De Treffers	5:53.92 200704180	6:08.75		1:23.61	1:35.21		
50m:		150m:	250m:		350m:			
100m: 1:23.61		200m: 2:58.82	300m:		400m: 6:08.75			
10. Fieke Buis	Zeester Meerval	NT 201300786	6:30.10		1:26.97	1:40.29		
50m:		150m:	250m:		350m:			
100m: 1:26.97		200m: 3:07.26	300m:		400m: 6:30.10			
11. Sofie van Gils	De Wildert	6:00.00 201002690	6:39.24		1:26.50	1:40.69		
50m:		150m:	250m:		350m:			
100m: 1:26.50		200m: 3:07.19	300m:		400m: 6:39.24			
12. Kim van Rossum	SBC2000	NT 199706374	7:03.06		1:36.92	1:47.85		
50m:		150m:	250m:		350m:			
100m: 1:36.92		200m: 3:24.77	300m:		400m: 7:03.06			
13. Mara van Veen	De Zwoer	7:08.93 201102844	7:15.96		1:44.79	1:53.20		
50m:		150m:	250m:		350m:			
100m: 1:44.79		200m: 3:37.99	300m:		400m: 7:15.96			