

Limietwedstrijd Lange Baan
Breda, 4-5-2025

Programmanr. 2
4-5-2025 - 13:20

Heren, 400m vrije slag

Senioren Open
Resultaten

rang naam	vereniging	intijd	tijd	RT	100m	200m	300m	400m
1. Joey Pop	ZV Vlaardingen-Schied	4:33.63 200800277	4:33.92		1:02.49	1:09.22		
50m:		150m:	250m:		350m:			
100m: 1:02.49		200m: 2:11.71	300m:		400m: 4:33.92			
2. Sem Berckenkamp	Gzc Donk	5:05.39 200602229	5:01.18		1:09.92	1:17.60		
50m:		150m:	250m:		350m:			
100m: 1:09.92		200m: 2:27.52	300m:		400m: 5:01.18			
3. Sander de Bruin	ZZ&PC De Devel	5:34.54 201100617	5:19.63		1:11.75	1:22.33		
50m:		150m:	250m:		350m:			
100m: 1:11.75		200m: 2:34.08	300m:		400m: 5:19.63			
4. Teun Evers	Zvl-1886	5:52.46 201101965	5:29.49		1:17.27	1:26.26		
50m:		150m:	250m:		350m:			
100m: 1:17.27		200m: 2:43.53	300m:		400m: 5:29.49			
5. M. van Renswoude	Dwf	NT 201202345	5:49.41		1:19.00	1:30.49		
50m:		150m:	250m:		350m:			
100m: 1:19.00		200m: 2:49.49	300m:		400m: 5:49.41			
6. Devan Jonkers	Zeester Meerval	6:10.00 200201061	6:08.94		1:23.61	1:33.35		
50m:		150m:	250m:		350m:			
100m: 1:23.61		200m: 2:56.96	300m:		400m: 6:08.94			
7. G. van den Oever	ZV Zaltbommel	7:02.59 200600379	6:45.07		1:25.50	1:44.78		
50m:		150m:	250m:		350m:			
100m: 1:25.50		200m: 3:10.28	300m:		400m: 6:45.07			
8. Luuk Vertogen	Zeester Meerval	NT 201202161	8:45.81		1:56.58	2:16.10		
50m:		150m:	250m:		350m:			
100m: 1:56.58		200m: 4:12.68	300m:		400m: 8:45.81			